

# PUTTING IT ALL TOGETHER

DEVELOPING A MEANINGFUL  
TREATMENT OR SERVICE PLAN  
THAT IS RESPONSIVE TO THE  
IDENTIFIED NEEDS OF THE  
PERSON

# PUTTING IT ALL TOGETHER

- Clinical Formulation:
  - Basis for formulation of differential diagnosis and development of an individualized treatment plan
  - In a succinct paragraph, the clinician summarizes pertinent findings from the case history to formulate a descriptive picture of the person and his/her functioning

# PUTTING IT ALL TOGETHER

- Clinical Formulation:
  - Briefly summarizes how:
    - Bio-psycho-social factors
    - Environmental factors
    - Cultural factors
    - Personality characteristics
    - Use of mental mechanisms
    - Mental and psychosocial functioning
  - Influence or cause the person's symptoms and disturbances

# PUTTING IT ALL TOGETHER

- Clinical Formulation:
  - Identifies specific strengths and needs of the person
  - For children: Incorporates a description of the child's functioning in the context of the social, educational, family, and home environment
  - Prioritizes needs to be addressed in treatment planning

# PUTTING IT ALL TOGETHER

- Developing an Individualized Treatment Plan
  - Case History
  - Mental Status Examination
  - Clinical Formulation
  - Diagnoses
- Identify Specific Needs To Be Addressed
- Identify Specific Strengths and Resources
- Identify Barriers or Obstacles To Be Addressed

# PUTTING IT ALL TOGETHER

- Individualized Service Plan
  - Develop Clearly Stated and Measurable Goals
  - Identify Specific Strategies and Interventions To Accomplish Each Goal
  - Describe Specific Measures To Know When Each Goal Is Attained
  - Identify Specific Timeframes To Accomplish Each Goal